

Badge Name	Trigger / Requirement	Theme / Inspiration/Message
Rookie	First check-in completed	<i>You showed up! Your journey begins now. 5 total check-ins—habit momentum unlocked.</i>
Consistency Champ	5-day streak	<i>10 days strong—your fire is just getting started.</i>
Streak Master	10-day streak	<i>You hit a 30-day streak. You're in elite territory.</i>
Superstar	30-day streak	
Unbreakable	60-day streak	<i>60 check-ins in a row. You're made of steel.</i>
Legend	100-day streak	<i>100-day streak. You're officially unstoppable.</i>
All In	Checked in 7 days in a row across all schedules	<i>A perfect week of check-ins. Total commitment.</i>
Comeback Kid	Bounced back after breaking a streak	<i>Broke your streak, but you came back stronger.</i>
Pheonix Social Starter	New personal best after breaking a streak Referred 1 friend	<i>New personal best after a fall. Respect. Referred a friend—stronger together.</i>
Connector	Referred 5+ friends	<i>5 friends referred. You're a true motivator.</i>
Accountability Hero	You & a friend both hit 7-day streak together	<i>You and a friend streaked for 7 days together!</i>
Badge Collector	Earned 10 total badges	<i>You've earned 10 badges. Collector energy.</i>
Night Owl	Checked in after 10 PM (x3)	<i>You checked in late—respect the grind.</i>
First 50	Logged 50 total check-ins	<i>50 total check-ins—this is what commitment looks like.</i>
One Year Strong	365 days of use (not necessarily streaked)	<i>365 days with it. This is who you are now.</i>